

**£7 DROP IN  
£25 PER MONTH**  
*Starting from  
Wednesday  
4th August*



# LAS FIT CAMP @ ARBORFIELD PARK

INCREASE FITNESS • INCREASE CONFIDENCE • LOWER STRESS  
GAIN STRENGTH • ALL FITNESS LEVELS WELCOME • INCREASE ENERGY

COME AND JOIN US FOR A **FREE TRIAL**  
EVERY WEDNESDAY 6.30PM  
USE CODE **FITCAMP100** WHEN BOOKING



ARBORFIELD PARK  
RG2 9JR



WEDNESDAYS  
6.30 - 7.30 PM



FIRST CLASS  
FREE



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